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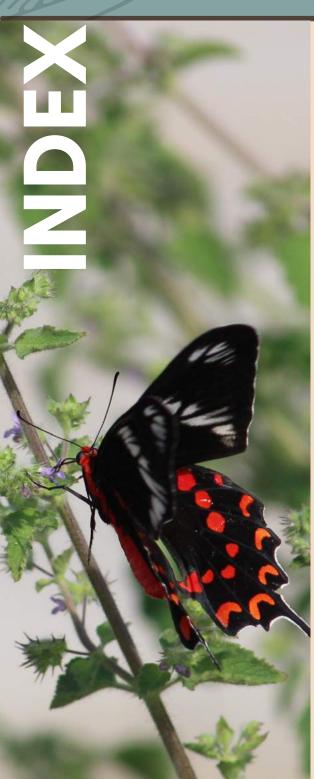
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EDITORIAL

We are ecstatic to finally present our Manthan e-magazine. This shall be the medium for our currently blooming talents, and a way to further enunciate our skills. We at Manthan would like to bring out our true potential in all possible walks of life.

English Articles



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• மூளைக்கு வேலை
• पहेलियाँ
Art Comer
Event Comer
Credits

Photography Credits - Vishal M Class XII

English CONQUERING Rohan Sreedbar

CHAOS

Our school day starts with a short prayer in the morning and although not obvious at first sight, this aforementioned prayer offers us a plethora of benefits.

Firstly, prayer starts just as the clock strikes halfpast eight in the morning. This inculcates a strong sense of punctuality and discipline as we are made to follow a strict schedule. The meditation we earnestly practice before the prayer begins, calms our minds, where otherwise entropy reigns supreme. We also sing praises of the Lord, while glorifying His omnipotence and omnipresence.

Rohan, Sreedhar XII Kanchenjunga

Additionally, since it is Him that grants our material possessions, prayer acts akin to a modicum of expressing our gratitude.

Moreover, our orisons include the national pledge which venerates our exalted nation. Finally, we conclude our prayer with Dhobikaranam exercises which improve blood flow to the brain and improve our focus in the upcoming classes.

In sum, the seemingly monotonous chanting seems to do more good than expected.



ANIMAL TESTING Deekshitha VII Purna

In recent times there have been several debates related to animal testing and experimentation. Animals testing means, to use animals for conducting experiments for ensuring the safety and effectiveness of medicines, drugs, etc. In this essay, we will examine the arguments, for and against, animal testing. Even If a small mistake is made, when a human is used for conducting an experiment it may lead to serious issues. Humans feel that their lives are more precious and valuable than that of animals.



Thus animals are preferred to human for testing medicines, drugs, etc. Animal testing has helped us to test and perfect many medicines that have saved millions of lives. Apart from this, animals can reproduce at a faster rate and in larger numbers. So their population would be unaffected even if a few of them are used for tests. Even though, there are disadvantages in this method, animal testing continues as there are no alternate methods.Every year millions of animals are killed for experimentation. Several groups which are against this argue that animal testing would lead to an imbalance in nature. They also argue that animals cannot express their feelings while humans can. People who protest against animal testing say that it is unethical to kill animals and have formed many organizations such as the Blue Cross and the Defenders of Wildlife that work towards protecting animals. They have been trying to regulate the usage of animal testing for a very long time. Whether this issue will finally be put to rest, only time will tell.

S U M M E R

Summer! Summer! Summer! Summer is here! It is very clear, When:

I'll laugh,I'll dance, I'll sing Throughout the mornings, And I'll cry As the morning passes by.

Neha Byali V Jhelum

Cause it's very hot, But see how many ice-creams we've got We've got juices which are sweet And they are a very nice treat!

We'll have holidays, And we'll be in the beach all day! We'll dance and play, With the colourful clay! page 1

ANIMUS Ukraine-Russia

Ever since WW2, Russia has been infamous for not being the most amicable of nations which was further enunciated by their scandalous actions in the Olympics regarding doping. But on 21st of February 2022, their actions sparked waves of indignation and outrage across the globe. Russia deliberately sent in troops to allegedly 'maintain peace' to the Donbas region in Eastern Ukraine, which was basically a subtler way to declare war.

They had previously recognized the two breakaway regions in Eastern Ukraine – the Donetsk People's Republic and the Luhansk People's Republic as independent states which had been the mainspring of an increasingly divisive issue in the past. And on 24th of February, Russia felt no need to further conceal their intentions and launched a full-scale invasion of Ukraine which is continuing and has already induced mass death and destruction. Due to the seemingly unwonted actions of Putin, Russia's president, Russia's reputation has taken a nosedive which has taken a nosedive, compounded further by the sanctions imposed by many a country that would most certainly deal a hefty blow to the global economy. Moreover, protests run rampant not only outside Russia, but also within it, rendering what should've been a facile war for Russia, into a grueling one.

The adverse impact of this gruesome war would be most noticeable among heavy importers of Russian oil and gas such as the European countries. Indian imports of crude oil from Russia, as of now, constitute only 2 percent of its total imports. Prices of commodities such as gasoline would greatly soar, affecting concomitant industries, including automobile and retail. For a country such as India, whose petrol consumptions is a staggering 37.2 billion litres, the war would surely deal a crippling blow.

AVe P 0



Sreedhar & Nihariekha XII Kanchenjunga

Hello my name is Advik Mahidhar. I am a student of 3rd Netravathi and I'm going to talk about my experience in Singapore

The journey began when I got on the plane. Before the plane took off, the pilot warned us to wear our seatbelts. The flight then made a roaring sound just like a lion baring its teeth. Ok, now where was I, ah oh yes I saw many clouds. Then my mother gave me some milk. After we landed in Singapore, we boarded a taxi and went to a hotel where my father booked a room to stay. My aunt also came with me the next day to a mall, where I saw statues.

The next day I went to Sentosa where I saw the merlion and a show. Then I went to universal studios and walked along the seashore. There were models of men and in place of their heads there were holes where anyone could put their head in to take a photograph. We then boarded a cable car and went into the mouth of the merlion and a photographer took our photo. We had an amazing time! I now study in Manthan Vidyashram in third nethravathi. So farewell till the next issue.

Advik Mahidhar III Netravati



English

Adventures Of Adam And Dash

The Daily Life:

Once in an overgrown dense forest lived Adam, an eight year old boy. He stayed in a rusty old cottage. He had lost his parents at a very young age. He got food from the nearby mango tree and water from the freshwater lake. To cheer him up, he had an imaginary friend named Dash. For Adam, Dash was like a real person sharing the same experience he underwent.

A New Journey:

After a stressful night, Adam and Dash began their journey for a new home. On their journey, Adam first spotted a big hairy monster. It was actually a bear. He panicked in fear and climbed the nearest tree he found. Dash followed him up. After waiting for a couple of minutes, the bear walked away. Adam was relieved. After that, they continued their journey and walked for a couple more hours. Then, they felt very tired so, they slept under a big apple tree. They didn't know that the tree had a nasty beehive filled with angry bees, which was covered in leaves.

After their nap, they felt quite hungry. Adam shook the tree with all his might, hoping some apples to fall instead the beehive fell on the ground with a loud thump. Just then, the angry bees made their way out of the beehive to sting Adam. Adam and Dash ran very fast, not knowing where they were going. After running for a while, they reached a big waterfall. Adam quickly jumped off the cliff into the waterfall. Dash followed him. After a few hours, they washed ashore and much to their surprise they found an abandoned cottage Akash Jain V Ravi

The Stormy Night:

A few months later, monsoon began and one night, it rained particularly heavily. The sky was totally covered in dark clouds and lighting and thunder fell. Then suddenly at the blink of an eye, the cottage got struck by lightning and was no longer good enough to live in. Adam and Dash ran deep away into the forest to get shelter from the storm. Since their search was in vain, they found a cave where they could bunk for the night.

The New Life:

After being drenched in water, they found a beautiful village with many people. Adam bravely went in and tried to make some friends. Eventually, he made friends with many people. The head of the village gave him a house there to live in. Now he had a home and Dash was always by his side. Adam never felt lonely ever again.



English

NATURE

Trees and leaves together by green, Sky and clouds together by might, Rocks and mountains together by strength, Sun and moon together by light, Rain and land together by force, Sea and sand together by nature, Nature is together by unity and love.

> Tanisha Prakash V Sutlej

MY ENDLESS DREAMS

Nature's warming beams Induces dazzling gleams On the winding streams Of my endless dreams.

The mountains of old rice Touching the crimson skies Where the tired sun dies Here my endless dreams lie.

The graceful door skips around A dot on the great earth's ground And all sorrow is drowned My endless dreams make my mind unwound.

> Sarang VII Purna

YONDER

My gaze travels the azure sky, While orange hues compliment the wispy clouds. As Tints of gold adorn the fading blue, I sit and dare to wonder, Why must the sun go yonder?

> Sreedhar Prabhu XII Kanchenjunga

GOODBYE COVID!

Wearing always a mask, It was such a difficult task, The amount we were sanitised, With the hospital smell we were mesmerized. We were all so suddenly hygienic, It was almost like magic!

Mama said" Wash hands! Wash hands!" when we appeared, So much washing that the lines in my palm disappeared. And "Achoo!" when we did sneeze, It caused all with fear to freeze! Social distancing was such a gloomy affair, After covid, relationships we had to repair.

Now that there is no more "zoom", In school we really do bloom!

> Nina Marie Royan V Ravi

FRIENDSHIP

Breaks and fights may happen - but we will still be friends. New ones may join but whatever happens old one will always be there.

Through the good times and the bad, as long as we stick together our friendship will become stronger.

Though our school has many rules, our teachers smile at some of the mischief we do.

And then I realize our teachers also were "kids in school before!"

Emma Marcia Royan V Jhelum





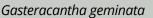
Photography



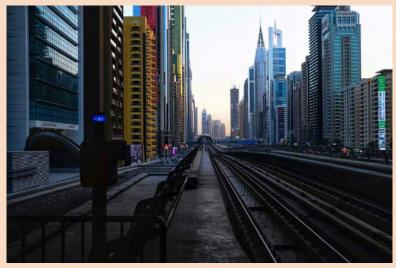
ORB WEAVER

Orb-weaver spiders are known for their nets, the spiral wheel-shaped webs that are so often spotted hanging from garden shrubs or between the branches of trees. However, with more than 2,800 species within more than 160 genera worldwide, orb-weavers are the third largest family of spiders

Left : top of the spider Right : the Sternum Maanasvini Anand XII Kanchenjunga

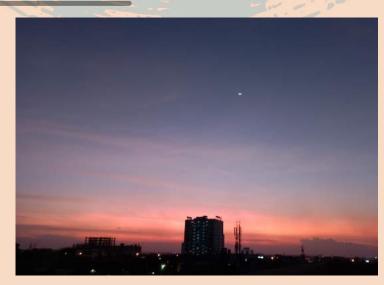




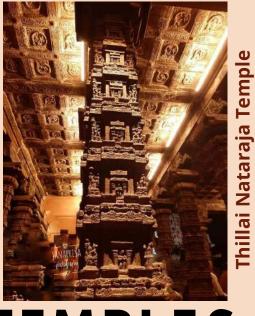


CONCRETE PAINTING

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SKYLINES Arnav Ghugal XII Kanchenjunga







Dharasuram Temple

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____ _{हिन्दी} ____ चार्ली और लुटेरों

चार्ली एक छोटी सी गली में रहता था। वह उसके कम

तनख्वाह के कारण बहत गरीब था। उसे अपने

परिवार का ध्यान रखने में बहुत मुश्किल हो रही थी।

एक दिन सड़क की सफाई करते समय कुछ चोरों ने उसे घेर लिया। चार्ली बहुत डर गया था। उनसे विनती

की कि वह उसे छोड़ दे। परंतु, चोरों ने उससे कहा

"अगर तुम हमारा साथ दोगे तो हम तुम्हे छोड़ देंगे

पैसों की लालच में चार्ली ने उनका साथ दिया और

उसने कई चोरियां की । एक दिन वह पुलिस के हाथ

लग गया और उसे एक महीने की जेल हुई ।

और पैसा भी देंगे। "

Soham VII Purna

एक महीने के बाद चार्ली जेल से बाहर आया। जेल जाने के कारण उसके सारे दोस्त भाग गए। फिर वापस वह अपनी सफाई के काम पर चला गया। उसका परिवार और उसके कर्मचारी भी उससे घृणा कर रहे थे। इससे वह नाराज़ हो गया।

फिर एक दिन जब चार्ली सॉफ-सफाई कर रहा था वही चोर जो भाग गए थे, लौटे। उन्होंने फिर वही हरकत की। परंतु इस बार अपनी गलती से सीखकर चार्ली ने तुरंत पुलिस को बुलाया और उन्हे जेल भिजवा दिय।

यह देखकर उसके परिवार और मित्रों ने चार्ली से घृण<mark>ा करना</mark> छोड़ दिया। इस काम से उसको एक लाख का इना<mark>म मिला</mark> जिससे उसकी गरीबी मिट गई और वह खुशी से रहने लग।



पिता का प्यार

पिता एक उम्मीद हैं, एक आस हैं परिवार का हिम्मत और विश्वास हैं बाहर से सख्त अंदर से नरम उसके दिल में दफन कई मर्म हैं।

<mark>पिता संगर्ष की आँधि</mark>यो में होसलो की दीवार हैं परेशानियाँसे लड़ने की दो धारी तलवार हैं बचपन में खुश करने वाला खिलौना हैं नींद लगे थो गोदी पर सुलाने वाला बिछोना हैं।

<mark>पिता जमीर हैं पिता</mark> जागीर हैं जिसके पास यहाँ हे वह सबसे अमीर हैं कहने को सब ऊपर वाला देता हैं <mark>पर खुदा का ही</mark> एक रूप पिता का शरीर हैं। Kotti

Alekhya Kotti VIII Chambal

पहेलियों का कमरा

पलक झपकते दिव्या जाग उठी। अपने घर के बजाय एक छोटे से अँधेरे कमरे को देखा। बिना सोचे समझे उसने किसी चिल्लाया " मैं कहा हूँ ?"। बेशक उसने किसी जवाब की उम्मीद नहीं की, लेकिन तभी उसे एक दिलचस्पी स्क्रीन दिख। उसपर एक पहेली प्रदर्शित की थी, " मैं दुनिया भर घूमता हूँ, पर हमेशा एक ओने पर ही रहता हू। बताओ मैं कौन हूँ"। कुछ मिनट सोचने के बाद उसने एक जवाब दिय। अचानक फर्श में एक दरवाज़ा खुला जिसके पीछे नीचे जाती हुई सीढ़ियां थी। वह नहीं जानती थी की क्या करना हैं, इसलिए वह सीढ़ियों से नीचे उतरी।

Sarayu V VII Purna

नीचे पहुँचते ही उसे उसके सामने एक मेज़ और कुर्सी दिखी। इधर उधर ढूंढने के बाद उसे एक कागज़ मिला जिसपर एक पहेली थी, "जितना मैं अधिक हूँ ,उतना काम तुम देख सकते हो। बताओ मैं कौन "। तभी एक टाइमर उसे नज़र आया, जिसपर ३ मिनट १५ सेकंड लिखा था। उसने जल्द से जल्द पहेली पढ़ी। जवाब देने के बाद एक और दरवाज़ा खुला। उस दरवाज़े के उस पार रोशनी ही रौशनी थी। दरवाज़े के उस पार उसे एक मेज़ पर एक केक मोमबत्तियां के साथ दिखा। सामने खड़े दोस्त को उसने पूंछा, " क्या यह सब तुमने किया?"। यह उसके जन्म दिन का तोफा था।

पहेलियों का उत्तर: १. डाक टिकट २. अंधेरा தமிழ்

"வந்தாரை வாழ வைக்கும் தமிழ்நாடு" என்பது பழமொழி. இன்று மட்டும் அல்ல பல நூற்றாண்டுகளாக தமிழர்கள் அனைவரும் இந்த பழமொழியைப் பின்பற்றி வருகின்றனர். தமிழர் மரபில் உணவு முறைகளுக்கு நிறைய முக்கியத்துவம் கொடுக்கப்படுகிறது.

நாட்டினருக்கு உணவு என்பது நமது வயிற்றுப்பசிக்குப் போடும் தீனி மட்டுமல்ல, உள்ளத்தையும் உறுதியாக வைக்க உடலையும் உதவுவதும் உணவு. சளி, இருமல் என்றால் மிளகு இரசமும், பித்தம் என்றால் சுக்கும் திப்பிலியும் என்று பல உணவு பொருட்களைக் கொண்டு நோயை குணப்படுத்தும் ஆற்றல் மிக்கவர்கள் தமிழர்கள்.

ஆனால், இப்போது "உணவே மருந்து" என்ற காலம் சென்று, "மருந்தே உணவு" என்று சொல்லும் நிலைக்கு நாம் வந்துவிட்டோம்.

தமிழர்களுக்கு ஒவ்வொரு உணவு முறைக்கும் ஒரு உணர்வு உண்டு.

உணர்வு என்பது தமிழரின் உணவோடு கலந்தது. உணவோடு கலந்த ஒரு உணர்வு - நன்றி மறவாமை. இதை விளக்க ஒரு பழமொழி போதும்:

"உப்பிட்டவரை உள்ளளவும் நினை"

'கூழானாலும் குளித்துக்குடி' என்று வலியுறுத்தியவர்கள் நம் முன்னோர்கள். உணவு உண்பதற்கு முன்பாக தரையில் பாய் விரித்து, கைகளை கழுவிவிட்டு வாழையிலையில் உண்டவர்கள் நாம்.

தினமும் விருந்து உண்பது போன்று வகை வகையாய் உண்பவர்கள் தமிழர்கள். **"கல்யாண சமையல் சாதம். காய்கறிகளும் பிரமாதம்; இது கௌரவப் பிரசாதம். இதுவே எனக்குப் போதும்"** என்ற பழங்காலத்து திரைப்படப் பாடலொன்று தமிழர்களின் விருந்து எப்படி இருக்கும் என்று அழகாக வர்ணிக்கிறது.

அதுமட்டுமல்ல, கிராமங்களில், குடும்பத்தினர் அனைவரும் ஒன்று கூடி, நிலவு வெளிச்சத்தில் நிலா சோறு உண்பதும், நம் சிறு வயதில் நமது தாய்மார்கள் கூறும் "பாட்டி நிலவில் வடை சுடும்" கதைகளையும் மறக்க முடியுமா?

...தொடரும்

Megala, Prithivisree XII Kanchenjunga





page 7

கவிதைப் பக்கம்

பாட்டுக்கு ஒரு புலவன் பாரதி - க்கு எம் பா(ரா)ட்டு

முண்டாசு கட்டிய பாரதியே ! - இன்று உலகம் பாடுகிறது உன் மொழியே !

புலமையால் தமிழனை ஊக்குவித்தாயே ! மொழியால் ஆங்கிலேயனை நடுங்கவைத்தாயே !

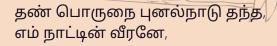
வார்த்தைகளின் வலிமையை காண்பித்தாய் தமிழனின் மனதில் வலுவாய் நின்றாய்.

உன் வரிகளை இரசிக்காதவருண்டோ ? உலகம்தான் உன்போல் கவியை கண்டதுண்டோ ?

ஆங்கிலேயனை எதிர்த்து பேனாவை உயர்த்தி உணரவைத்தாய் உன் தேச பக்தி

உன் மொழி உலகமெங்கும் பரவட்டும், உன் போல் கவி கொண்ட தமிழ் தலைநிமிரட்டும்...

> Soohasene IX Ganga



மண்ணின் மரியாதையைக் காத்து, வெளிநாட்டாருக்கு பயமூட்டிய தீரனே,

எங்களுக்காக செக்கிழுத்த செம்மலே, பாரதத்தாயின் சீர்சிறந்த புத்திரனே, உம்மை கைகூப்பி வணங்குகிறோம்.

> Niranjana X Trisul



தண்ணீர் நம் உயிர் நாடி, அதை நாம் வெல்ல முடியாது ஓடி .

அதைக் குடித்தால்தான் நமக்கு உயிர், அது இல்லையெனில் காய்ந்து போகும் நம் பயிர்.

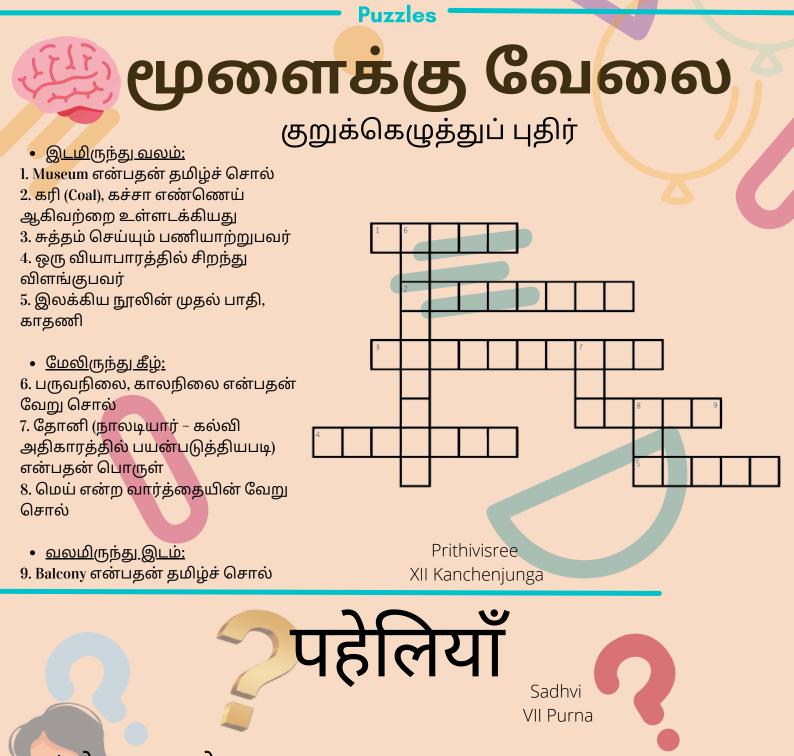
அது இருந்தால் தான் உயிரினங்களுக்கு நலம், அதன் குறைவினால் வறண்டு போகும் நம் நிலம். Anusha Devi V Jhelum



தண்ணீரில் உயிரினங்கள் வாழும், அவை தண்ணீரையே நாடும்.

தண்ணீருக்கு இல்லை வடிவம், அதனால் அதில் எழுத முடியாது கடிதம்.

தண்ணீர் உலகம் முழுவதும் உள்ளது, அதை நாம் சரியாக பயன் படுத்துவது நல்லது.



१) दो अक्षर का मेरा नाम, हरदम रहता मुझे ज़ुकाम, कागज़ है मेरा रुमाल, भैया क्या है मेरा नाम ?

२) चाकू से काटता है औ<mark>र कभी</mark> कभी करंट भी लगता है, पर फिर <mark>भी लो</mark>ग उन्हें भगवन मानते है. बताओ कौन?

 मुर्गी अंडा देती है, गाय देती है दूध , बताओ ऐसा कौन जो देता दोनों खूब .

उत्तर १) कलम

- २) चिकित्सक
- 3) **दुकानदार**



RNE

рУ ининикану Varuneshwaran К VIII Indus



Akshatha VIII Indus



Aditi Keshav IX Ganga



Eva Hannah V Jhelum





Visaka Sriram IX Ganga



Aditya V VIII Indus



Mohammed Asfaraddin V Jhelum



Dikshanapriya V Jhelum page 10



MAHA





Students of classes 3–8 had been given the opportunity to participate in the INTER-HOUSE COMPETITIONS held @ Manthan. Competitions included Mandala Art (7th), Art and Craft, Science Experiment, Puzzle Solving, Traditional Food Presenting, Play a Song and "Roll the Ball Make them Fall". Here are a few

pictures...











Maha Shivarathri Celebrations

At Manthan were held on Monday, 7th of March. Events such as dance, drama, and bhajan were organised by the current students of class 10 and their class teacher along with SM teacher and KDG aasiriyai. -

THE E-MAG TEAM

We, the students of XII Kanchenjunga, are honoured to have created this magazine and brought it to its final form.

Arnav Ghugal Gayathri Anand Maanasvini Anand Megala V Nihariekha Prashanth Prarthana Prabhu Prithivisree S Rohan H Sreedhar Prabhu Veda Pramod Vibishan K A Vishal M

We thank all the teachers who helped us make this edition of the magazine . We offer special thanks to our chief editor Dr. Padmini S, and the specific language editors , Sudha R teacher for Hindi and Umadevi C and Kulangidevi G Teachers for

Tamizh.



The cover for this edition of the magazine was created by Prarthana, XII Kanchenjunga



Sanskrit. We, the developers team, seek for the creativity in children.